



Through our 6th Form provision we will empower young people to become as independent, self-reliant and confident as possible to lead happy, enriched and fulfilled lives.

Health topics available to study include:

Team activities and games inc. winning and losing gracefully.

Domestics – keeping my clothing clean inc. following basic clothing labels, ironing/basic clothing repair.

Working in the kitchen inc. making simple snacks and drinks.

Basic First Aid/CPR.

Online/technology safety inc screen time, data mining, social media and online gaming.

Sex and Relationships.

Relationships.

Hygiene.

Understanding Common Pressures in modern/working life. Stress and Emotional Well Being.

Drug & Alcohol Awareness.

Smoking & Vaping.

Puberty.

Families Inc. adoption, abortion and caring for a child.

Dealing with loss, separation, divorce, medical diagnosis and bereavement.

Appropriate and inappropriate touch in various situations.

Grooming / Forced Marriage / Child Exploitation.

Preventing radicalisation inc. What is terrorism.

Healthy lifestyles activities – physical activities.

Eating disorders / body image – reasons and where to get help and advice.

Sex Equality.