



Vocational Area – Care and Wellness

- **Who?** Year 12/13 mixed groups based on 'stage not age'
- **Where?** Middleton Campus (REEC)
- **How?** 2 year rolling programme - 2 days a week working on a half termly 'project' focused on Care and Wellness skills and industries
- **Overview of some skills covered:**
 - Incorporated Functional Literacy, Numeracy and ICT/ administration skills
 - Care skills – child, elderly and animal
 - Health and beauty skills
 - Therapies
 - Teamwork skills
 - Possible industry standard qualifications – Moving and Handling, First Aid
 - Designing and creating product or services for sale



Things to consider when choosing this course:

- You will be working alongside the public
- You will learn about caring for various animals, children, the elderly
- You will learn about how to look after yourself using self-care/ grooming activities
- You will take part and explore different therapies such as yoga, mindfulness, aromatherapy and massage.

